

# BE KIND



Share a smile with someone: it has the power to brighten their day.

Practice patience; remember that others may require additional time or support

Offer your seat to someone who may need it more: your gesture can provide much-needed comfort.

Express gratitude to our staff by saying 'thank you' your appreciation makes a significant difference.

Use thoughtful and respectful language, even during challenging moments.

CREATE A CULTURE OF KINDNESS:  
SMALL ACTIONS MAKE A BIG IMPACT

Got an idea to help spread kindness?

Please submit your suggestions to our **Kindness Box** in reception or discuss them with your line manager.

Together, we can make kindness a shared value in our space.



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Thank you for your commitment to fostering a kinder atmosphere for everyone!